

Tell me what you see...



Circle



Rectangle



Square



Triangle



Octagon



Book



Joy



Shyness



Anger

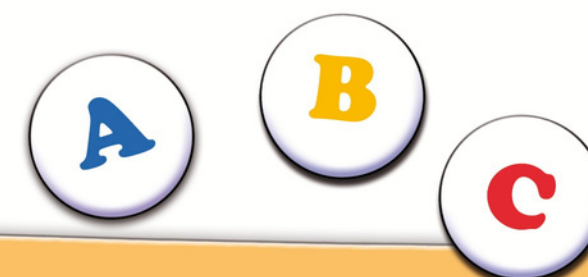


Sadness



Fear

Little Steps Toward School



I need to play, to move, to explore, to learn.



Playing outside



Being read to



Learning to recognize my emotions



Doing crafts, drawing



Role-playing



Cooking with an adult



Waiting for my turn



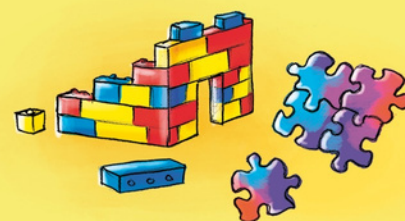
Singing and dancing



Playing with friends



Developing my independence



Playing with blocks and puzzles



Learning to pick up my toys

- ☐ I like going to the library with you.
- ☐ I ♥ when you tell me stories.
- ☐ I ♥ playing board games with my family.
- ☐ I ♥ talking about school and you make me feel confident
- ☐ I ♥ cooking with you.
- ☐ I ♥ playing outside.

I need a daily routine.

When I wake up...



I get up.



I get dressed.



I have breakfast.



I brush my teeth.

When I get dressed by myself, I put on...



Pants



Boots



Neck warmer



Jacket



Tuque



Mittens



Before bedtime...



I take a bath.



I put on my pajamas.



I brush my teeth.



I use the toilet.



I look at a book.



I sleep between 10 and 13 hours

