

Thank you for being my parents!

You know me better than anyone.
You are wonderful at helping me develop and grow.
Continue to play with me.
Keep encouraging me.
Thank you for taking care of me
and helping me feel safe.



Little steps toward school.

Kindergarten is important to me,
and it represents a significant time of change.
I will meet my teachers and make new friends.
I will discover my first school and its playground.
I need my family's help to get ready.

A project developed by



Québec

Centre
de services scolaire
de Laval
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Little steps toward school through play.

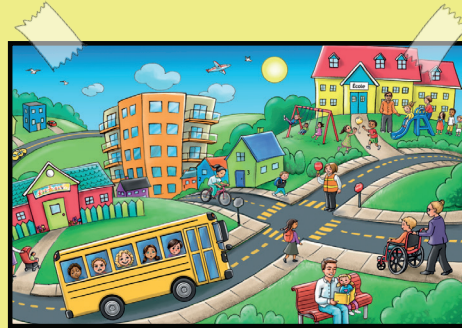
I need your help as I learn and explore.
Continue playing with me every day.

I can play with the placemat in a variety of ways.

I am getting ready for reading, writing and counting.

Let's play Tell Me What You See:

- ♥ I name the colours of the houses
- ♥ I find the means of transportation
- ♥ I count the clouds
- ♥ I identify the shapes (square, triangle, circle, etc.)
- ♥ I love to talk. Ask me questions.
 - What are the children doing at the park?
 - And you, what do you like to do at the park?
 - What are the emotions of the children in the bus?
 - And you, how do you feel today?



Tip for parents

You can ask me questions in any language :

- ♥ At the grocery store
- ♥ At the park
- ♥ In the car
- ♥ Etc.

It is alright if I do not have all the answers.

I am playing and learning!



I need to play, move, explore and learn.

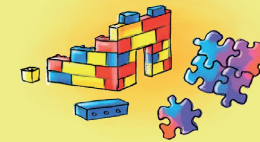
- ♥ Creating crafts to stimulate my imagination
- ♥ Playing games to learn rules
- ♥ Playing pretend to expand my vocabulary
- ♥ Playing with friends and family to learn sharing



I learn best when I am active.

Encourage me to choose activities I can do :

- ♥ Alone or with friends
- ♥ Indoors and outdoors



Tip for parents

Invite :

- ♥ My friends
- ♥ Our neighbours
- ♥ Our family members, both young and old

We will play together!



I need a routine.

Daily routines, similar to those in kindergarten, help me feel secure.

I need your help to establish and follow my personal routines.



I learn through trial and error, even when it's challenging.

I need 10 to 13 hours of sleep each night to be rested, in a good mood, and ready to learn.