


Together, let's put youth at the of our reflections and actions


By **consulting** them


By **listening** to them


By **considering** them


By **involving** them

To make a real and lasting impact in their lives, on their peers, in the community, and on the services they receive

Why involve youth ?

Because this involvement has a positive effect on everyone!

It allows youth to :

- Develop their **initiative**, **autonomy** and **leadership** skills
- **Socialize** and develop a **sense of belonging**
- Gain **experience** and learn more about themselves
- Enjoy **successes** that foster a sense of **pride** and **accomplishment**





It allows stakeholders to :

- Get out of their comfort zone and try **new ways of working**
- **Learn** from the youth's knowledge and experience
- Provide youth with learning opportunities and **witness** their growth
- Provide **more youth-friendly services**

Involving youth also promotes intergenerational connections and leads to shifts in our perceptions.

How to involve youth?

The possibilities of where, how, and when to get youth involved are endless. All you need to do is take the first step!

 Inform them	 Consult them	 Involve them	 Enable them
<ul style="list-style-type: none"> • Focus on communication channels used by youth • Use accessible vocabulary and explain terms that are more complex 	<ul style="list-style-type: none"> • Reach them where they are: schools, youth centers, etc. • Use different approaches: surveys, focus groups • Follow up on their ideas and inputs 	<ul style="list-style-type: none"> • Create committees: event or activity organization, budget management • Integrate them into decision-making bodies: Board of Directors, hiring committee, etc. 	<ul style="list-style-type: none"> • Set realistic, short-term goals • Suggest specific tasks • Provide the support and tools required to accomplish the tasks

Must-haves for successful youth involvement

- ✓ Engage youth from all backgrounds and personalities
- ✓ Involve youth from the very beginning of the project and adapt to their pace
- ✓ Facilitate their participation: adjust meeting times and places, offer lunch, etc.
- ✓ Provide feedback on their participation and acknowledge their contributions
- ✓ Letting go, accepting the discomfort and trust youth

Join Communities Building Youth Futures!

References in French

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