



Atypical school pathways

Models of perseverance

Activity sheet to encourage discussion



Through short videos, you met Caroline, Edgardo, Frederick, Isei and Kevin.
Among the 5 testimonials, which appeals to you the most and why?

In her video, Caroline revealed she has wanted to be a teacher since childhood.

What did you want to be when you were young?

Name 3 of your qualities or abilities.

Thanks to work-oriented training, Frédéric was able to try different trades and discover his interest for welding.

What job would you like to do in the future?

+ What skills are needed to do this job?

+ What do you need to do to reach this goal?

Edgardo loves drawing and running. These activities help him stay engaged in his studies.

What are your favorite activities, whether at school or elsewhere?

Name a quality or an ability you would like to develop or acquire.

+ Identify an action you can take to help you achieve it.

What helps you stay diligent and motivated in school?

Kevin expressed great pride regarding his determination and his diploma of vocational studies.

Name an achievement you are proud of.

Whether it was anxiety, learning difficulties, family-study-work balance or others, all the young adults we met spoke of the challenges they encountered in their school pathway.

What is your biggest difficulty in relation to your academic perseverance?

+ Name 2 strategies or actions that can help you overcome it.

The young adults in the videos were able to depend on the help of their friends, of their family, of school staff and services.

What people or resources can help you achieve your goals in your academic and professional pathways?

+ What kind of help would you like to receive?

What does success mean to you?

Identify a goal you would like to attain this year.

+ Identify 2 actions you can take to achieve your goal.

All the young adults who were interviewed had some advice to share regarding academic perseverance and success.

If you could travel in time, what advice would you give your younger self?

In your opinion, what are the important things in life?

Isei arrived in Quebec in 2015 and returned to school with the hope of a better quality of life.

What would you like to have achieved in 10 years?

A few resources to help you go further!

monemploi.com

moimonavenir.com

reperes.qc.ca

admission.umontreal.ca/cursus/

cjelaval.qc.ca

macarrieresedessine.com

jeunes-explorateurs.org

academos.qc.ca

If you have questions or concerns regarding your professional future, do not hesitate to make an appointment with the guidance counselor of your establishment or an organization offering this service, such as the Carrefour jeunesse-emploi de Laval.