

ACTIVITY IDEAS FOR YOUNG ADULTS

From **February 14 to 18, 2022**, join the **Hooked on School Days** campaign and take action to promote the efforts of young people as well as those of the adults who support them on their educational journey.

Use the suggestions below! Or let yourself be inspired by the many free tools and activity ideas available at rlpre.org!



APPUYEZ LA CAMPAGNE

- Portez le **ruban de la persévérance**
- Utilisez les **visuels de la campagne** dans vos communications



VALORISEZ LES EFFORTS

- Greet the students in the morning with perseverance themed treats!



- Exchange encouragement cards! Ask your students to write messages of support and encouragement. Exchange the cards between classes, programs or organizations.

- Plan social media posts that highlight the perseverance, hard work and commitment of the students and the staff.

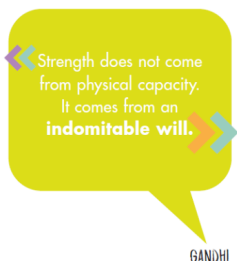
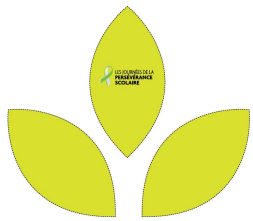


- Organize a special ceremony and hand out **certificates of recognition** to deserving students and staff to celebrate their efforts and determination.

- Invite former students and graduates to share their academic and professional experiences with students.

All our tools can be ordered or downloaded free of charge at rlpre.org.

ORGANIZE ACTIVITIES THAT ENCOURAGE PERSEVERANCE



- Visualization is a powerful motivational tool! Assembling a **vision board** is a creative and artistic activity that will help your students dream of their future, define their personal goals and add meaning to their perseverance.
- Organize a career day, one day internships or a company tour.
- Invite former students and graduates to share their educational and professional journey.
- Invite your students to share words of encouragement on post-its and ask them to stick them on a wall or board in a visible area.
- Help the **perseverance tree** grow! Draw a tree trunk with branches on the board. Ask each student to write a trick they use to stay motivated on a leaf and invite them to stick it on the tree.
- Ask the school staff to share messages of encouragement and inspiring quotes over the intercom throughout the week!
- Hang up **inspiring quotes** in the classroom and hallways! You can find many more online. Use them to spark discussions about the quotes, the famous people they are attributed to, and perseverance related themes.

Whether you are parents, teachers, educators, employers, community workers, school or support staff, the **Hooked on School Days 2022** campaign wishes to **THANK YOU** for all your efforts aimed at motivating young people in their desire to learn and develop their full potential.

Browse all our free tools and activities at r!pre.org!

Happy #HSD2022!



REGROUPEMENT
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