

# **CREDITS**

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This guide is an adaptation of *The Transition to Kindergarten – A Guide for Intersectoral Stakeholders in the Estrie Region to Promote Educational Success*, written by Partners for Educational Success Estrie (Projet Partenaires pour la réussite éducative en Estrie - Projet PRÉE). The adaptation leading to the creation of this guide was carried out by Projet PRÉE.

### Working subcommittee of the regional intersectoral school transition committee

The original version of the guide was written by a working subcommittee of the <u>regional intersectoral school transition committee of the Estrie region</u>. The subcommittee's 15 members hailed from the educational, early childhood, community, and health and social services sectors. We would like to acknowledge their invaluable contributions to the original version.

Partnership of Québec's regional consulting authorities on school perseverance and educational success (Instances régionales de concertation (IRC) sur la persévérance scolaire et la réussite éducative du Québec)

We also wish to acknowledge the involvement of IRCs of Québec in identifying collaborative initiatives in their respective areas.

We wish to thank all those who took part in the consultation phase as well as in the drafting and adaptation process.

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# About Projet PRÉE

Partners for Educational Success Estrie (Projet Partenaires pour la réussite éducative en Estrie - Projet PRÉE) is the regional consulting authority on school perseverance and educational success in the Estrie region. Its mission is to promote school perseverance and educational success in young Estriens through the mobilization of inter-level and intersectoral stakeholders and the development of joint initiatives. For more information, see our website: reussiteeducativeestrie.ca.

# About the regional consulting authorities on school perseverance and educational success (IRCs)

The IRCs have the shared objective of helping young people persevere at school and achieve educational success by mobilizing concerned stakeholders and developing related initiatives. For more information, please see the website of the Quebec Network for Educational Success: <a href="reusesiteeducative.guebec">reusesiteeducative.guebec</a>.

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This document is available in electronic form in the section on school transition of the website reussiteeducativeestrie.ca.

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# List of acronyms

CIUSSS → Centre intégré universitaire de santé et de services sociaux

CISSS → Centres intégrés de santé et de services sociaux

**CPE** → Educational childcare centre (Centre de la petite enfance)

**CS** → School Board (Commission scolaire)

DI-TSA-DP → Intellectual disability, autism spectrum disorder, physical disability (Déficience intellectuelle, trouble du spectre de l'autisme et déficience physique)

**DPJ** • Child protective services (Direction de la protection de la Jeunesse)

**DPJE** → Youth program department (Direction du programme Jeunesse)

**DSPublique →** Public health department (Direction santé publique)

**EQDEM →** Québec Survey of Child Development in Kindergarten (Enquête québécoise sur le développement des enfants à la maternelle)

**GMF** → Family medicine group (Groupe de médecine familiale)

**HSMLD →** Handicaps, social maladjustments or learning difficulties

IRC → Instance régionale de concertation sur la persévérance scolaire et la réussite éducative MEES → Ministère de l'Éducation et de l'Enseignement supérieur

MELS → Ministère de l'Éducation, du Loisir et du Sport

MFA → Ministère de la Famille et des Aînés

MRC -> Municipalité régionale de comté

MSSS → Ministère de la Santé et

réussite éducative en Estrie

des Services Sociaux

Projet PRÉE → Projet Partenaires pour la

# **FOREWORD**

This guide is an adaptation of *The Transition to Kindergarten - A Guide for Intersectoral Stakeholders in the Estrie Region to Promote Educational Success*, an initiative of Partners for Educational Success Estrie (Projet Partenaires pour la réussite éducative en Estrie - Projet PRÉE). It was created to meet a desire voiced by many of Québec's regional consulting authorities (IRCs) on school perseverance and educational success to use the guide in their own regions. To facilitate the guide's use on a broader scale, the original version has been applied to all Quebec regions.

THE GOAL OF
THIS GUIDE IS TO
PROVIDE INTERSECTORAL
STAKEHOLDERS WITH A
RESOURCE TO FOSTER JOINT
EFFORTS BETWEEN VARIOUS
SECTORS AND TO IMPLEMENT
ACTIVITIES AIMED AT
THE TRANSITION TO
KINDERGARTEN.

# Production background of the original version

The original version of the guide was created in follow up to the 2016–2020 strategic alignment efforts of Projet PRÉE to support educational success and encourage youth to stay in school. Its goal is to provide intersectoral stakeholders with a resource to foster joint efforts between various sectors and to implement activities aimed at the transition to kindergarten.

Projet PRÉE is the regional consulting authority on school perseverance and educational success in the Estrie region. Its mission is to promote school perseverance and educational success in young Estriens through the mobilization of inter-level and intersectoral stakeholders and the development of joint initiatives.

In the winter of 2017, Projet PRÉE conducted a broad consultation among regional and local partners to identify organizational issues encountered in implementing actions aimed at supporting the transition to kindergarten of children in Estrie. The findings helped lay the groundwork for building, with the help of a committee partners, the Regional Action Plan for a harmonious first school transition 2017-2020.

The regional intersectoral school transition committee then began working on a guide to encourage the development of a shared vision of the transition to kindergarten. It also hoped that the guide would shed light on the implementation of school transition activities based on parameters borne out by research.

This guide is in keeping with the Strategy From Birth To Age 8 – It's All About The Children (MEES, 2018)<sup>[1]</sup> and is part of a strategy to ensure that children transition smoothly between educational environments. It should be considered complementary to the Guide for Supporting a Successful School Transition (MELS, MFA, MSSS, 2010)<sup>[2]</sup>.

# WHO IS THIS GUIDE FOR?

This guide is intended for community stakeholders involved with children and families, including people working in educational childcare services, schools, health and social services, family community services, municipal services, and any other organization involved with children or parents. The document is aimed at both managers and front-line workers, including teachers, educators, school administrations, social workers, childcare managers, etc.



# WHY IS THIS GUIDE NECESSARY?

Since 2010, various documents published in Québec by government agencies<sup>a</sup> have stressed the importance of guiding parents and their children as they enter the school system for the first time. Schools, educational childcare services, community organizations, and public agencies have also taken steps to put activities in place to support students entering the system. Today, many children and parents are benefiting from these activities.

However, despite the progress made over the past 10 years, challenges remain, such as to:

- better reach and support the involvement of children and families who do not have easy access to services, live in vulnerable circumstances, have not attended educational childcare services, do not speak French as their mother tongue, or come from immigrant backgrounds;
- foster a common vision among intersectoral stakeholders;
- continue efforts to encourage communication and cooperation among intersectoral stakeholders;
- > improve coordination of various activities within territories;
- → improve services to meet the needs of all families by ensuring activities vary sufficiently in their intensity and diversity.<sup>[3]</sup>

Entering school goes quite smoothly for most children; but according to one study, between 8 and 21 percent of children have trouble adapting to school. [4] Moreover, data from the *Québec Survey of Child Development in Kindergarten 2017 (EQDEM)* showed that more than one in four children (27.7%) in Québec is vulnerable in at least one developmental domain. [5]

This guide aims to help communities foster joint efforts around the issue of children entering school for the first time and activities that help this transition go smoothly for children and parents, in particular for families living in vulnerable circumstances.<sup>b</sup>

ACCORDING TO ONE STUDY, BETWEEN 8 AND 21 PERCENT OF CHILDREN HAVE TROUBLE ADAPTING TO SCHOOL.[4]

<sup>&</sup>lt;sup>a</sup> Guide for Supporting a Successful School Transition (MELS, MFA, MSSS, 2010); Brief Improving Early Childhood Education And Childcare For Preschool-aged Children (Le Conseil supérieur de l'éducation, 2012) Document Soutenir la préparation à l'école et à la vie des enfants issus de milieux défavorisés et des enfants en difficulté (MELS, 2013).

<sup>&</sup>lt;sup>b</sup> The term "families living in vulnerable circumstances" refers to families in precarious socioeconomic conditions, who are more isolated, or who use services infrequently.



# **TRANSITION TO KINDERGARTEN**



# WHAT IS THE TRANSITION TO KINDERGARTEN?

The transition to kindergarten refers to a child's movement from home to preschool - in other words, starting school.

School transition is defined as "a period during which children gradually adjust to a new physical, social, and human environment."[6]

Starting school marks a transition not only for children but also for their parents. A smooth start to school for both child and parent helps to develop positive attitudes and emotions toward the education system, which in turn promotes well-being and a sense of safety and trust.

A child's entry into school is part of an overall dynamic that involves many participants. In order for children to adapt to school and experience a sense of well-being, it is important that all these participants work together. This cooperation will provide children with continuity and consistency as they progress through school.

**STARTING SCHOOL MARKS A TRANSITION NOT ONLY FOR CHILDREN BUT ALSO FOR THEIR** PARENTS.

# How is it different from school readiness?

"School readiness" refers to children's overall development in various domains (motor, social, emotional, cognitive, and language skills) that result from their interactions with their environment.<sup>[7]</sup>

CHILDREN'S OVERALL DEVELOPMENT IN VARIOUS DOMAINS.

"SCHOOL

**READINESS"** 

**REFERS TO** 

The skills developed by children of preschool age support them in experiencing social and learning success at school. Children's overall development, along with individual and family characteristics and early childhood experiences, affect their ability to adapt and their entry into school.

THE TRANSITION INTO PRESCHOOL IS AN IMPORTANT STAGE IN THE LIVES OF CHILDREN AND THEIR PARENTS. THIS INITIAL TRANSITION IS THOUGHT BY SOME TO BE THE MOST IMPORTANT ADAPTATIONAL CHALLENGE A CHILD WILL EXPERIENCE DURING THIS PERIOD. [8]

# Why is the transition to kindergarten important?

The transition into preschool is an important stage in the lives of children and their parents. This initial transition is thought by some to be the most important adaptational challenge a child will experience during this period. [8]

Having a positive transition to kindergarten is related to a number of benefits for children, because it:

- is a determinant factor for future educational success; <sup>(8, 9, 10, 11, 12, 13)</sup>
- → leads to better results in literacy and numeracy;<sup>[14]</sup>
- → influences children's participation, engagement, and motivation in classroom and school activities;<sup>[15, 2]</sup>
- results in fewer absences and increases children's openness to learning, leading to better academic and social results in both the short and long term;<sup>[16]</sup>
- → serves as a foundation for future transitions. [2]

# WHEN SHOULD TRANSITION TO KINDERGARTEN ACTIVITIES BE IMPLEMENTED?

Transition to kindergarten activities are planned and carried out over a period of just over 12 months. These can be divided into five key moments: [2]

- → Pre-registration (August to December);
- → During registration (January to February);
- → After registration (March to June);
- → Around the time school starts (July to September);
- → After school starts (October to November).

# What are the objectives of these activities?

Transition to kindergarten activities have two main goals:

- To establish, maintain, and improve communication and relations between the child, parent, and intersectoral stakeholders;
- 2. To act on the determinants of a smooth start to school.[17]

# Who are the transition to kindergarten activities intended for?

Transition to kindergarten activities are primarily aimed at children aged 4 and 5 who will soon be starting school, along with their parents.

The activities are also intended for the community, i.e., the various stakeholders and organizations who support children and families. A smooth transition to school does not depend solely on a child's ability to adapt but also on the capacity of various stakeholders to work together to meet various needs.<sup>[17]</sup>

TRANSITION TO KINDERGARTEN ACTIVITIES ARE PLANNED AND CARRIED OUT OVER A PERIOD OF JUST OVER 12 MONTHS.



**SECTION 2** 

# ENCOURAGING FAMILY PARTICIPATION

# WHO SPECIFICALLY BENEFITS FROM TRANSITION TO KINDERGARTEN ACTIVITIES?

Research shows that certain groups of children have a higher risk of experiencing challenges related to starting school:

- → Children from families living in vulnerable circumstances;<sup>c [8]</sup>
- → Children who experience learning or developmental problems; [18]
- → Children with handicaps, social maladjustments or learning difficulties (HSMLD);<sup>[18]</sup>
- → Children who have recently immigrated to Québec.[18]

Experience in the field has led to the addition of two other groups:  $^{\mbox{\scriptsize d}}$ 

- Certain children who have not attended an educational childcare service;
- > Certain children who have turned 5 over the summer.

RESEARCH SHOWS
THAT CHILDREN
FROM FAMILIES
LIVING IN VULNERABLE
CIRCUMSTANCES ARE MOST
IN NEED OF TRANSITION TO
KINDERGARTEN ACTIVITIES
AND BENEFIT MOST FROM
THESE ACTIVITIES,
BUT ACTUALLY RECEIVE
THEM THE LEAST.

[9, 13, 16, 19]

<sup>&</sup>lt;sup>c</sup> The term "families living in vulnerable circumstances" refers to families in precarious socioeconomic conditions, who are more isolated, or who use services infrequently.

d Information obtained from preschool teachers during a first school transition assessment conducted among stakeholders of the Val-Saint-François MRC in 2017.

# HOW CAN CHILDREN AND PARENTS LIVING IN VULNERABLE SITUATIONS BE ENCOURAGED TO PARTICIPATE IN ACTIVITIES?

?

Adapting activities to reduce barriers to participation is key.

Outreach is needed to attract families living in vulnerable circumstances to participate in activities, but it is also essential that the activities be a positive experience. This will encourage them to take part in other activities, and, through word of mouth, attract other families from their entourage.

MOST CHILDREN
OF FAMILIES LIVING
IN VULNERABLE
CIRCUMSTANCES TEND
TO HAVE A FAVOURABLE
IMPRESSION OF SCHOOL
UPON ENTERING
KINDERGARTEN.[10]

TAKE
ADVANTAGE OF
THIS FAVOURABLE
IMPRESSION AND
OFFER CHILDREN
ACTIVITIES THAT
SUPPORT AND
MAINTAIN THIS
POSITIVE ATTITUDE
TOWARD SCHOOL.

# Based on taking a local approach, a number of factors encourage participation, particularly among families living in vulnerable circumstances: [29, 30, 31, 32]

# **Accessibility**

- > Offer free or low-cost activities.
- → Assist with transportation (financial or organizational).
- Offer a snack.
- → Offer childcare services (for younger or older children).

### Commitment

- Do not require a commitment to take part in many activities.
- Keep expectations realistic and avoid setting parents up for failure (e.g., giving them "homework" before or after the activity, or requiring regular attendance at a series of activities).

# Communication

# Adapt advertising

- > Keep text to a minimum and favour images.
- Use simple language and short sentences.
- Disseminate information in languages used in the neighbourhood or territory (e.g., English, Spanish, Dari, Arabic).
- Emphasize conditions that will elicit participation (e.g., transportation assistance, child care services, free of charge).
- → Use a diversity of promotional strategies for each activity.
- Post information in locations frequented by families (e.g., social networks, corner stores, waiting rooms, groceries, stores).
- Personally invite certain parents, and explain the activity's benefit for them or their children; take the time to check for barriers to participation and offer solutions if necessary (e.g., transportation). Examples of benefits: a chance to meet the teacher or a chance to meet future friends.

# If the activity requires participants to register beforehand

- Limit the amount of information gathered on the registration form.
- Forward the registration form to intersectoral stakeholders so they assist with registration for the families they serve.
- > Allow parents to provide registration information verbally.
- Allow different methods of registration (e.g., online, telephone).

# During the activity

- → Use simple vocabulary without being demeaning.
- > Avoid handing out written material.
- > Tell parents more positive things than negative things.
- → Have a positive attitude toward the child (avoid making the parent feel that their child is being labelled).
- Contact organizations that work with immigrant families for access to interpreters.

# **Assistance**

Personally remind parents shortly before the activity begins to reduce barriers to participation (e.g., by solving transportation problems).

# **Acknowledgement**

- → Recognize the abilities and knowledge of all parents, emphasize the successes of parents living in vulnerable circumstances, and recognize what they can teach other parents. Give them credibility.
- > Do not set yourself up as an expert.

# Intersectoral cooperation

Collaborate with intersectoral stakeholders who have already created bonds of trust with families (e.g., assistance with promotion, referrals, guidance).

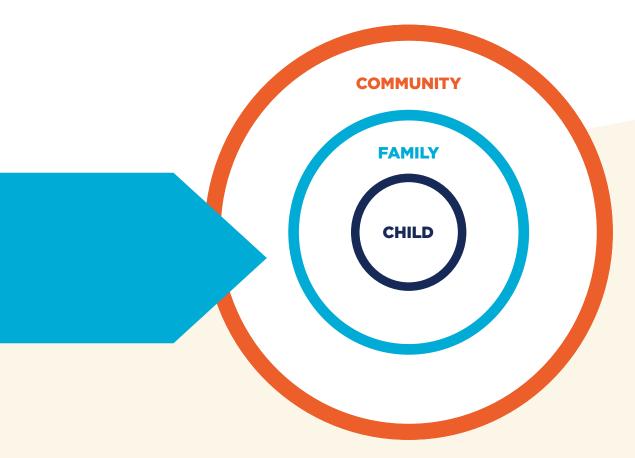




# WHAT DOES THE RESEARCH TELL US?

To identify key findings and the characteristics of effective activities for supporting the transition to kindergarten, we conducted a comparative analysis of the scientific literature published in the past 10 years. The contents are organized according to the ecological systems model. [20] This was the most frequently cited model in the literature and is already in use by many intersectoral stakeholders in the early childhood sector. Information about the child, family, and community will be presented, in that order. Examples of practices related to this science-based information will also be presented and organized around the five key moments for transition to kindergarten activities.

° Stakeholders working with local early childhood partner groups supported by Avenir d'enfants have used the ecological systems model to orient their local priorities and actions.



# **KEY MOMENTS**



# Child

# LEGEND

- = Education sector
- **c** = Educational childcare services sector
- = = Family community services sector
  - Health and social services sector
- Municipal sector
- = Other organization B = Business sector
  - M = All

# **EXAMPLES OF INSPIRING PRACTICES ORGANIZED BY KEY MOMENTS AND SECTORS CONCERNED**





AFTER SCHOOL STARTS

Greet each child warmly when they register for school. 🖪

child to explore while the parent Set up a table with games, toys, drawings, and books for the completes the forms.  $\blacksquare$ 

individual activities

are even more beneficial. [13]

activities generate positive results, [21]

While group

special needs, set up an individual as soon as possible before school starts. parent, child, and trusted partner meeting involving the teacher,

family either by phone, mail, or email before school starts. 🗉 between the teacher and the



For families or children with

Establish personal contact

Provide assistance for families to encourage participation in activities. 🔳 🜀 🕞 🖽 🧿

be more effective if offered before school starts. [22]

The activity will





Offer activities targeted at the characteristics and needs of families. It is sometimes easier for a family living in vulnerable circumstances to take part in a group initiative with other families experiencing similar situations. 🔳 🜀 🕞 Offer personalized transition plans for children with specific needs. 🔳 🔾 🗗 Ħ

conducted so far, girls tend to be more receptive than boys at the child-teacher relationship. <sup>[15]</sup> In the experiments to activities aimed

families living in vulnerable circumstances.<sup>[22]</sup>

It is important to offer the activities to children from

Enrich and adjust activities according to gender-specific characteristics. For example, for child-teacher meetings, use games involving motor skills for boys or more active children.

directly to children are those with the greatest impact.[13] Activities offered

Offer activities that directly involve the child, such as classroom visits or activities with the teacher and parent before classes start. 🗛

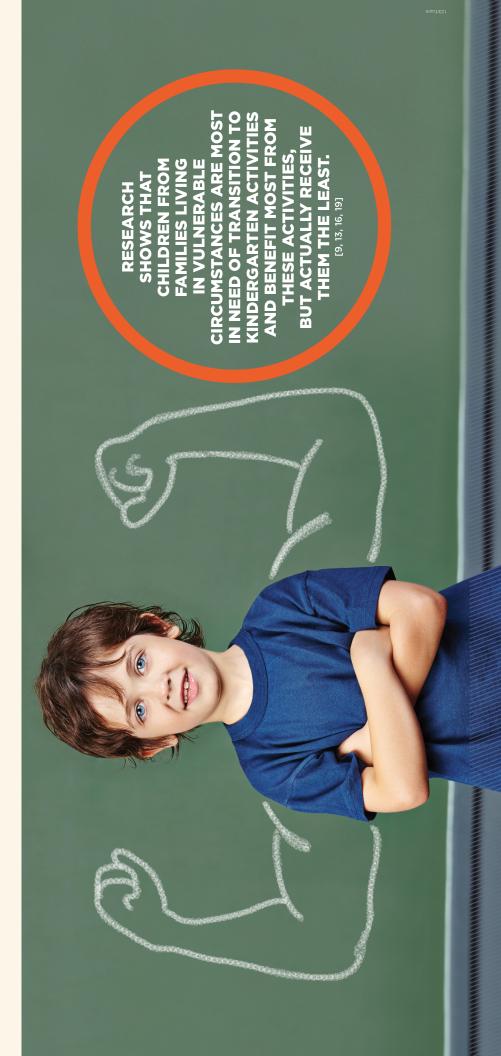
environment before the official start of school.[11] It is important to introduce children to their new

those that take place elsewhere. [15] Activities carried out in the school have a greater impact than

Open up schools so that community activities can be held both inside and on the school grounds. Examples include town festivities, evening sports events, or movie nights in the gym. 🛕 Offer a summer camp before

school starts. 🔳 🕅

Ask educational authorities to hold activities in schools (e.g., activities organized by educational childcare services in the school, parent/pre-schooler activities organized by community organizations offered in the school's gym or cafeteria, etc.). 🗛





# **LEGEND**

- E = Education sector
- c = Educational childcare services sector
- = Family community services sector
- = Health and social services sector

- = Municipal sector
  - B = Business sector
- = Other organization
  - M = All

Parents play a vital role in a successful transition to kindergarten. [9,13,22]

Families that feel prepared for the start of school have a positive influence on the experience of children in their first days of school. [23] Parents need to understand the expectations of the school system and their child's strengths and challenges with starting school. [12]

To support parental participation, talk about the child's needs rather than their negative behaviour. [22]

An activity's effects will be greater if the parents take part of their own accord or voluntarily. [22]

Parental support may be compromised if the parent receives negative messages about their child in the first weeks of school. [22]

According to Pianta's criteria, the most effective initiative is having the teacher visit the child's home. [9]

The number of activities targeting school transition positively affects parental involvement. Parental involvement in turn has an effect on the child's academic results. [22]

# EXAMPLES OF INSPIRING PRACTICES ORGANIZED BY KEY MOMENTS AND SECTORS CONCERNED



AFTER SCHOOL STARTS

inform parents about the start of school and how school works so that they are equipped to reassure their children and, at times, be reassured themselves. n preparing children who have stayed at home to enter school, engage with the parents to provide support, especially in identifying the child's strengths and challenges. 🖹 🔾 🕞 🖽 💿

Promote parental involvement in an activity by referring to the needs of the child and the parents. Focus on how the activity will Support them. Respond to parental needs (e.g., adjust to changes in their emotional intimacy with the child, adjust to fewer interactions with the adult responsible for the child, better understanding of how the school operates, etc.).

Promote activities in conjunction with other stakeholders. This allows each stakeholder to discuss the various activities with parents and determine which best meets the needs of themselves and their parents.  $oldsymbol{\Delta}$ 

Assist certain families when registering for school and taking part in activities (e.g., personalized classroom visits).

Heighten communication between the school and families with children who have trouble adapting to school in order to work more closely with the parents.

possible in conjunction with certain targeted families, if stakeholders that already Suggest a home visit to

have a relationship with the

families. 🔳 🖪

Offer a number of different activities at various times of the year so that every family can find at least one that meets their needs. 🗚 Discuss the transition to kindergarten during group or individual meetings with families whose children are entering the transition period. © F H O

A family routine promotes a smooth school transition, since it better prepares children for the structure and rules of a classroom. The family routine during this adaptation period is also beneficial to parents. [26]	Help families set a routine read to the child as part of Before school starts, let pa	Help families set a routine before and during the transition to kindergarten (e.g., fixed mealtimes, regular bedtimes, having a par read to the child as part of the bedtime routine, etc.).	n to kindergarten (e.g., fixed mealti	before and during the transition to kindergarten (e.g., fixed mealtimes, regular bedtimes, having a parent the bedtime routine, etc.).
It is important to offer activities for parents and children that differ in terms of intensity, involvement, schedule, and design (individual, group, personalized, etc.) to better meet their needs. [16]	Avoid gaps or an oversuppl available to meet families' Focus on offering a variety them frequently; offer virtucertain families; etc.	ppl es' ety irtu	ncert with intersectoral stakeholder tions. A families as possible. For example, o' gs; offer meetings in the morning ar	y of activities by working in concert with intersectoral stakeholders. This way, there will be activities needs regardless of their situations. A of activities to reach as many families as possible. For example, offer short-duration activities but offer all meetings, Facebook meetings; offer meetings in the morning and the evening; offer closed groups for
Effective transition activities promote positive social relationships and interactions between key stakeholders – educator, teacher, and parents. [24] Cooperation and communication among families, childcare services, and schools is a key condition for a successful school transition. [24]		Use a communication tool that facilitates communication among educators, parents, and teachers, as this promotes a successful transition to kindergarten and helps children adapt by fostering service continuity (e.g., Mon Portrait, Passage à l'école, La passerelle);	es communication among is promotes a successful ildren adapt by fostering assage à l'école, La passerelle);	
Families living in vulnerable circumstances require special attention, particularly in terms of communication. <sup>[9]</sup> Teachers see communication with parents as a positive factor in their relationship with students. <sup>[23]</sup>				Establish more regular communication with families living in vulnerable circumstances, especially in the initial weeks, which often go well, in order to create a relationship (e.g., short, positive phone call to the home, a note about positive points in a comments notebook). Depending on the family's needs, weekly and sometimes daily communication may be necessary.
	In communications, ı and pictograms, etc.	In communications, use clear writing, short sentences, translations into several languages if necessary, photographs, and pictograms, etc. 🔦	anslations into several languages if	necessary, photographs,
It is more effective to have the child visit the kindergarten classroom with their parents before the first day of school. <sup>[13,22]</sup>			Offer personalized options to certain families to better meet their needs and encourage participation. Conducting an activity involving the child, parent, and teacher during the classroom visit will help establish a positive relationship. If possible have the child take home a souvenir of the moment (e.g., a photo with the parent and teacher, something they made, etc.).	ain families to better meet pation. Conducting an activity acher during the classroom relationship. If possible have the moment (e.g., a photo with § they made, etc.).

# Communit

# LEGEND

- E = Education sector
- **c** = Educational childcare services sector
- = Family community services sector
- 1 = Health and social services sector

EXAMPLES OF INSPIRING PRACTICES ORGANIZED BY KEY MOMENTS AND SECTORS CONCERNED

- Municipal sector
- o = Other organization B = Business sector
  - A = AII

# SCIENTIFIC KNOWLEDGE









# Advocate for the importance of a smooth transition by: 🗚

Providing training;

Effective activities rely on strong leadership to establish policies and

actions that support the school transition. [14]

- Valuing the role of everyone involved in welcoming children and parents (e.g., secretary, monitor, educators, service workers, etc.);
  - Assembling sufficient human, financial, and material resources to carry out the activities;
- Recognizing that planning and implementing activities takes time;
- Promoting the implementation of specific activities for certain families;
- Supporting joint action and authorizing the participation of intersectoral school transition committees.

Ensure that the local education sector plays a leadership role among other sectors in supporting joint action around activities to promote a smooth school transition in the area.

> allows them to carry out more Providing teachers with a list of students early in the year

personalized activities for parents and students. [27]

Having an intersectoral school transition plan promotes the consistency and diversity of activities. [11]

community (municipal celebrations, groceries, libraries, municipal housing offices, etc.) is a factor in activities' success. [14] Promoting activities through the

personalized activities, children from families adapt to the needs of Give teachers more living in vulnerable invite families, and circumstances. 🖪 time to prepare

Establish a school committee or network to carry out a collaborative transition plan, ensure that activities are planned jointly, make sure that activities are coordinated and diverse. The committee should include at least one parent to provide a parental point of view. 🔦 > See the section on working collaboratively (p. 20).

Make use of venues frequented by parents in the community (e.g., corner stores, hospitals, promotional screens, libraries, drug stores, big-box stores, social networks, etc.). 🗚

Provide training to support partnerships, promote consistency, and implement cooperative activities and communication tools. 🔊 and teachers and help students adapt Advocate a progressive start to school Take this opportunity to visit all areas to support contact between students complete routine, including lunch. Focus on full days with half-sized during the first days of school. 🖪 groups so they can experience a childcare, take this into account progressive start to school. in coordinating services and a If students attend afterschool of the school. 🖪 Recognize the specific expertise of educators and teachers in a complementary, nitiate activities that help teachers and educators get to know one another or Hold meetings and discussions among teachers and educators to ensure that mprove lines of communication as a way to help children adapt: 🔳 🔾 F 🔃 • Have teachers and educators meet to discuss strategies for supporting a • Create communications tools (e.g., Mon Portrait, Passage à l'école, La egalitarian, and non-competitive vision (e.g., organize a happy hour for each party has a good understanding of the other's program. 🔳 Have educators and children visit the preschool class; Have teachers visit the childcare centre; educators and teachers). 🔼 specific child. passerelle); educators and kindergarten teachers Teacher training on school transition teachers are key factors in aligning education program, pedagogy, and the characteristics of children.<sup>[27]</sup> Support, mutual respect, trust, and the goals of childcare centres and schools. [27] Communication among educators childcare educators and teachers, promotes knowledge sharing and facilitates the implementation of activities. [27] a shared vision among childcare supports the implementation of activities. [14] at childcare centres and school Joint training among childcare teachers appears to have the centre educators and school A low student/teacher ratio In communications between on children's social skills in kindergarten. [13] prioritize discussion of the greatest effect

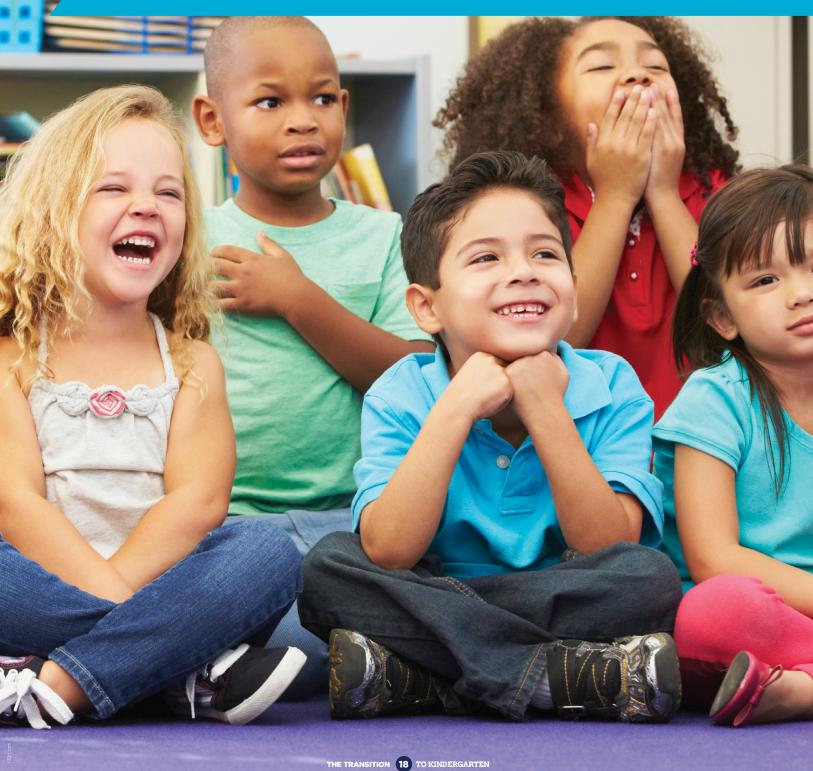
Provide frequent and annual updates for stakeholders involved in the transition to kindergarten. 🔼

school in charge of coordination supports the success of activities.<sup>[9]</sup> Having a transition team in the

helps to develop a shared vision of school transition. [14]

Form a school transition team in charge of planning, partnering in, and implementing activities. 🔳 <table-cell-rows> 🖪 🖪 > See the section on working collaboratively (p. 20)







# The teacher creates a respectful environment in the classroom.[18]

The teacher values individual differences and cultural diversity.

The teacher employs a range of experiences suitable for development.

The community provides support by creating positive transition experiences through greater cooperation and coordination among intersectoral stakeholders.

# Parents take a positive attitude toward school and their child's learning.[18]

They play an active role at school, according to their abilities.

They have an opportunity to take part in decisions concerning their child.

They have good lines of communication with the teacher and others involved in the transition.

# The child is engaged in, enjoys, and looks forward to going to school. [18]

They have a positive attitude toward learning, school, their teachers, and their peers.

They retain their learning.

They acquire new academic and social skills.



**SECTION 4** 

# WORKING COLLABORATIVELY

# WHY WORK COLLABORATIVELY?

A child's transition to school concerns the entire community. For children to be ready for school, it is essential that there be "'ready schools,' 'ready families,' and 'ready communities.'" [16]

Intersectoral stakeholders supporting the transition to kindergarten all have a role to play. However, despite existing methods for cooperation, many stakeholders observe:

- → A lack of connections and information sharing;
- → The interruption of certain child and family services when the child enters school;
- → Stakeholders' lack of understanding of their counterparts' realities. [18]

Cooperation among stakeholders is a key factor in creating continuity among educational experiences.<sup>[18]</sup> This is why it is vital to know all the players involved.

COOPERATION
AMONG
STAKEHOLDERS
IS A KEY FACTOR IN
CREATING CONTINUITY
AMONG EDUCATIONAL
EXPERIENCES. [18] THIS
IS WHY IT IS VITAL
TO KNOW ALL THE
PLAYERS INVOLVED.

# WHO ARE INTERSECTORAL STAKEHOLDERS?

For a more comprehensive description of the various sectors and stakeholders, see Appendix A.



Family Services Centre Maison des Grands-Parents Etc.

# EDUCATION SECTOR

School board Elementary school School childcare service

# EDUCATIONAL CHILDCARE SERVICES SECTOR

Early childhood centre (CPE) Family daycare Family daycare coordination bureau Daycare

# OTHER SECTORS, STAKEHOLDERS, AND ORGANIZATIONS

Community officer
Accommodation with psychosocial
service worker
Literacy centre
Immigration organization
Etc.

# CHILD PARENTS

# HEALTH AND SOCIAL SERVICES SECTOR

CIUSSS and CISSS Family medicine group Private clinic

# MUNICIPAL SECTOR

Municipality MRC Municipal library Etc.

# BUSINESS SECTOR Businesses

THE TRANSPION 21 TO KINDERGARTEN

		PRIM	ARY C	ONT	RIBUT	IONS	
WHAT CAN EACH SECTOR CONTRIBUTE TO THE TRANSITION TO KINDERGARTEN?	EDUCATION SECTOR	EDUCATIONAL CHILDCARE SERVICES	FAMILY COMMUNITY SERVICES	HEALTH AND SOCIAL SERVICES	MUNICIPAL Sector	BUSINESS SECTOR	OTHER SECTORS AND ORGANIZATIONS
ENGAGE IN COLLABORATIVE ROUNDTABLES  Be involved, regularly or on a case-by-case basis, in roundtables in order to share expertise and work together to improve the transition to kindergarten.							
RAISE AWARENESS OF THE IMPORTANCE OF THE TRANSITION TO KINDERGARTEN Have the power to spread the message of the importance of the transition to kindergarten in children's educational success.							•
PROMOTE ACTIVITIES  Circulate information to encourage children and parents to take part in activities aimed at a successful school transition.							•
IDENTIFY CHILDREN WITH SPECIAL NEEDS AND THEIR PARENTS  Use close relationships with children and parents to target children or families who face challenges.							
CONTRIBUTE TO AN OVERALL PICTURE OF CHILDREN  Be sufficiently engaged with children and their parents to gather relevant information about children.							
SUPPORT PARENTS TO IDENTIFY THEIR NEEDS  Talk with parents in order to identify their needs and those of their children with respect to starting school in order to better select suitable activities.							
PROVIDE PARENTS WITH GUIDANCE Help parents by providing guidance and lowering barriers for individual or group initiatives aimed at a successful school transition.							
IMPLEMENT AN ACTIVITY  Be able to implement an initiative either jointly or individually.		•					•
COOPERATE IN ACTIVITIES  Contribute to the implementation of activities. This contribution provides added value to transition to kindergarten activities.							

# WHAT ARE THE BENEFITS OF WORKING WITH DIFFERENT SECTORS?



Each sector involved in the transition to kindergarten has a specific and vital contribution to make. Joint efforts build capacity to meet the needs of all children and their parents. Improving activities that support a successful school transition relies on using everyone's strengths and working together.

# The benefits of working with the EDUCATION SECTOR include:

- Leadership in consensus building;
- Leadership in creating school/community partnerships;
- Support in providing liaison, in communications, and in activity organization;
- Access to schools for activities carried out by other sectors:
- → Support in opening schools after class hours or on weekends;
- Others.

# The benefits of working with the EDUCATION CHILDCARE SERVICES SECTOR include:

- Support in creating and transferring relationships among children, families, and teachers;
- Ability to identify children and families with special needs/challenges;
- Ability to inform and reassure parents about the transition to kindergarten (activities, expectations of school, etc.);
- → Ability to identify avenues of intervention that help children integrate into the school environment;
- → Others.

# The benefits of working with the FAMILY COMMUNITY SERVICES SECTOR include:

- Ability to raise awareness among, inform, and guide families that rarely use services or whose children have not attended an educational childcare centre;
- Support in understanding the needs of families living in vulnerable circumstances and of how best to approach them;
- Others.

# The benefits of working with the HEALTH AND SOCIAL SERVICES SECTOR include:

- → Leadership in creating personalized transition plans for specific clients (autism spectrum, intellectual disability, physical disability, etc.);
- Ability to raise awareness, to inform, and provide guidance to families living in vulnerable circumstances;
- Ability to support the school transition by orienting and providing services to children and families;
- Support in creating and transferring relationships among children, families, and teachers;
- > Expertise in specific problems;
- Others.

# The benefits of working with the MUNICIPAL SECTOR include:

- Ability to contact many families to help raise awareness of and promote activities that support the transition to kindergarten;
- → Established partnerships between schools and the municipality to hold recreational or municipal events in schools that give families a chance to become familiar with the school environment;
- Ability to act, in conjunction with schools, to set up school transition summer camps;
- Ability to spread the message of the importance of the school transition and integrate it into its family policy;
- Ability to support and promote school transition activities through the municipal library;
- Others.

# The benefits of working with the

# **BUSINESS SECTOR** include:

- Support, through work/life balance measures, for enhancing the participation of parent employees in transition to kindergarten activities;
- Ability to raise awareness and offer promotional opportunities to reach numerous parents;
- Others.

# The benefits of working with OTHER SECTORS AND ORGANIZATIONS include:

- Ability to recognize, raise awareness, inform, and guide families experiencing various problems or challenges with respect to the transition to kindergarten;
- > Others.

# WHY CREATE TERRITORIAL INTERSECTORAL COMMITTEES FOR THE TRANSITION TO KINDERGARTEN?

Cooperation requires a forum for discussion and sharing around a common goal. We therefore recommend forming intersectoral committees to build consensus around the transition to kindergarten. Local roundtables around school transition around school transition have demonstrated the need for all sectors to have representation at the table in order to open lines of communication, facilitate the organization of activities, and encourage families to participate.

Several territorial school transition committees exist already in the different regions. The authors suggest various roundtable models, in particular the Montérégie reference framework for a smooth school transition, which offers a model adapted for Québec. [17]

# What is a collaborative school transition plan?

A collaborative school transition plan must come out of an intersectoral process. Its goal is to align practices and support collective efforts in order to improve activities and meet all the needs of children and their parents, in particular those living in vulnerable circumstances.

A collaborative school transition plan:

- > Confirms a shared vision of the transition to kindergarten;
- Validates and specifies the concerns and priorities conveyed by the territorial transition committee;
- Comes together around an approach that fosters the participation of families;
- Analyzes the diversity, strengths, redundancies, lacks, or gaps in services for the transition to kindergarten;
- > Specifies partnerships and respective roles for activities;
- > Supports best school transition practices.

To help in creating an overview of existing activities, a model analysis chart appears in Appendix B. You can also consult a model of activities resulting from a collaborative school transition plan in Appendix C.

# What are the factors that promote cooperation and intersectoral partnerships?

Working collaboratively across sectors has certain challenges. Intersectoral committees in charge of school transition plans will find that the following factors boost efficacy:

- > Having a shared vision of the transition to kindergarten;
- Bringing together all school transition stakeholders;
- Clarifying each player's role (contribution and value-add);
- Recognizing each player's expertise within an egalitarian perspective;
- Creating a working climate that promotes discussion and cooperation:
- Establishing effective methods of communication;
- Sharing responsibilities;
- Ensuring that there are sufficient financial, human, and material resources to put activities in place;
- Putting in place an evaluation process or producing a post-mortem.

A list of questions to support intersectoral cooperation appears in Appendix D.

# What are the conditions that support the implementation of activities?

The Guide for Supporting a Successful School Transition (MELS, MFA, MSSS, 2010) is an excellent resource that outlines and explains six broad principles supporting successful transition practices:[2]

- 1. Recognizing that parents are primarily responsible for their children's education;
- 2. Sharing responsibility for a successful transition among stakeholders through collaborative practices;
- 3. Continuously planning, organizing and assessing transition activities;
- 4. Recognizing the time required and providing the necessary resources;
- 5. Involving everyone who knows the child and tailoring transition practices to the child;
- 6. Recognizing that starting school is a determining factor in the child's development.

# What are the barriers to implementing transition activities?

To create optimal conditions for implementing activities over the long term, it is vital to eliminate any barriers, which include:

- > Lack of funding to compensate for the extra work (preparation time, consultative meetings, facilitation);
- > Lack of communication among stakeholders both within organizations (service workers and managers) and across sectors:
- Late registrations;
- → Difficulty in reaching families living in vulnerable circumstances;[6, 24]
- → Lack of parental participation in the transition process.<sup>[8]</sup>





# HOW CAN I PROMOTE THE IMPORTANCE OF THE TRANSITION TO KINDERGARTEN IN MY ORGANIZATION?

Every organization can improve its practices and partnership efforts in supporting the transition to kindergarten. Within organizations, mobilization can be driven by both managers and front-line workers. Here are some suggestions that can be implemented within an organization:

- → Raise awareness of the importance of the transition to kindergarten by sharing and presenting existing documentation on the topic;
- → Request training that specifically covers the transition to kindergarten;
- → Create or sit on a school transition committee in order to coordinate activities;
- > Draw up an annual overview of activities:
- → Reflect on how to improve activities by incorporating scientifically proven features (see Section 3: Scientific Knowledge);
- > Reflect on how to improve various aspects of activities (promotion, encouragement to participate, partnership, diversity, connection with vulnerable families, needs of families, etc.);
- > Discuss activities to support the transition to kindergarten during staff meetings;
- → Appoint a liaison officer to sit on local transition committees and relay information.

**MOBILIZATION CAN BE DRIVEN BY BOTH MANAGERS AND** 

**FRONT-LINE** 

WORKERS.



SECTION 5

# EXAMPLES OF COLLABORATIVE ACTIVITIES

THIS SECTION
DESCRIBES
EXAMPLES OF
ACTIVITIES
CARRIED OUT IN
PARTNERSHIP



### **ESTRIE**

# **ENSEMBLE EMPLOYEURS-PARENTS/ PASSE-PARTOUT**

**EDUCATION SECTOR** 

**BUSINESS SECTOR** 

The Commission scolaire des Hauts-Cantons can count on cooperation from employers in the MRC du Granit in facilitating parental participation in the Passe-Partout program. Following meetings with employers some years ago, the project team was able to demonstrate the importance of the transition to kindergarten for children and their parents. Through these efforts, employers have become aware of the importance for parents of being able to support their children's first steps toward school and facilitate the transition to kindergarten. To encourage participation in Passe-Partout, parents are allowed to attend this event by electing to take the day off or to make up missed hours at work.

# PREPARATION FOR AND TRANSITION TO KINDERGARTEN

**EDUCATION SECTOR** 

HEALTH AND SOCIAL **SERVICES SECTOR** 

The intellectual deficiency, autism spectrum disorder, and physical disability program of the Centre intégré universitaire de santé et services sociaux de l'Estrie - Centre hospitalier universitaire de Sherbrooke (CIUSSS de l'Estrie - CHUS) created a program to support the transition to school. The program involves forming groups of children, based on their profiles and needs, and to work on abilities and skills that will help them adapt to the school environment. Activities with the children are carried out in a school over the summer before the school starts in order to best reflect a real school setting. Currently, CIUSSS de l'Estrie - CHUS is working with the Commission scolaire de la Région-de-Sherbrooke and has carried out activities in three schools. However, this type of activity could also be offered in other school boards. Since the activities take place in the school facilities (e.g., classrooms, gym, schoolyard, etc.), the children familiarize themselves with the school environment while having fun.

# NORD-DU-QUÉBEC

# VIDEOS INTRODUCING ELEMENTARY SCHOOLS IN CHIBOUGAMAU AND **CHAPAIS**

**EDUCATION SECTOR** 

**EDUCATIONAL CHILDCARE SECTOR** 

The Commission scolaire de la Baie-James created four videos to introduce the three elementary schools in Chibougamau and the elementary school in Chapais to children aged 4 and 5. In the videos, students present parts of their school such as the kindergarten classroom, schoolyard, library, gym, and daycare. The videos also introduce staff members such as the kindergarten teacher, secretary, and principal. Students at Vatican II school in Chibougamau wrote the script and made their humour-tinged video as part of their drama class. The videos were distributed to educational childcare centre (CPE) and home daycares in Chibougamau and Chapais. They were shown to children aged 4 and 5 to facilitate the transition to kindergarten, alleviate their fears. and encourage them to look forward to school.

# f To do so, Québec's regional consulting authorities (IRCs) on school perseverance and educational success were asked to submit joint activities related to the transition to kindergarten in their respective regions. Projet PRÉE subsequently chose from among the submissions to offer a diverse selection of

# **LAURENTIDES**

# "MY CHILD IS STARTING SCHOOL" **MORNINGS**

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE **SECTOR** 

**FAMILY COMMUNITY SERVICES SECTOR** 

**HEALTH AND SOCIAL SERVICES SECTOR** 

OTHER ORGANIZATIONS

The school transition committee of MRC Thérèse-De Blainville holds two morning seminars to support parents in their child's transition to kindergarten. To boost parents' confidence, guest speakers discuss topics such as the school routine, behaviours related to starting kindergarten, and the importance of free play for children. The speakers come from three areas of expertise: a preschool pedagogical consultant from Commission scolaire de la Seigneurie-des-Mille-Îles, a psycho-educator from the Laurentides regional Centre intégré de santé et services sociaux (CISSS), and a pedagogical consultant from CPE La Rose-des-Vents. Parents are given tips for facilitating the transition, both for themselves and their children. A question period at the end gives parents a chance to ask more specific questions. Community organizations also attend with kiosks to inform parents of their services. To encourage parental participation, the seminars are held in two schools located in different sectors of the MRC. Breakfast and childcare facilities are provided.

g This activity includes both school preparation or "school readiness" and school transition phases.

# **BAS-SAINT-LAURENT**

# **TELL ME ABOUT KINDERGARTEN**

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE SECTOR

FAMILY COMMUNITY SERVICES SECTOR

In the MRCs of Kamouraska and Rivière-du-Loup, the Raconte-moi la maternelle kit uses photographs that highlight actual experiences at school to convey a positive image of school life. The photographs have titles such as "Saying 'hello' to the crossing guard," "Raising your hand if you have something to say," and "If your name is on it, that's your seat." The kit is presented by facilitators in homes with children aged 3 to 5 years. Facilitators conduct the presentation using questions on the backs of the photographs. To enrich the presentation, the photographs can be used for games such as:

- 1) Placing the photographs in order from the beginning of the day to the end
- 2) Using illustrations to create a story
- 3) Hide-and-seek
- 4) True-or-false

The kit also gives children a chance to express their emotions and forestall certain apprehensions about starting school.

# MONTRÉAL

# DISCOVERY TOUR OF LOCAL SCHOOLS

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE SECTOR FAMILY COMMUNITY SERVICES SECTOR

OTHER ORGANIZATIONS

These "discovery tours" were born out of the desire by participants on the Table de quartier Hochelaga-Maisonneuve to show local schools to families and to spend some special quality time with transition-to-kindergarten stakeholders. The project involves having school busses stop at various schools in the neighbourhood. The tours generally take place in November. Staff from two organizations accompany families, who are greeted at each school and taken on a short tour. The schools arrange the tours to occur at key moments so that the children and parents can visit classrooms, the gym, the library, the daycare, and even the schoolyard. Before getting on the bus, families are fed lunch by a host organization, which allows them to get to know the families, put them at ease, and present various transitionto-kindergarten resources. The discovery tour is above all a family activity that takes place before the child enters kindergarten.

# "SPEED DATING" MEETINGS

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE SECTOR

In early spring, the Commission scolaire des Phares in the Lower St. Lawrence region holds a half-day meeting involving educational childcare centre managers, school staff, and parents. Educational childcare centre managers are asked to present the situations of children for whom the transition to kindergarten may present challenges. The resulting information is gathered into a document to prepare the child for a smooth transition and to allow the school staff to plan for adequate resources to meet the child's needs. Parents are asked to take part in these meetings, and their permission is required in order for the educational childcare centre to send the information to the school.



# ABITIBI-TÉMISCAMINGUE

# BOOKS ON THE TRANSITION TO KINDERGARTEN

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE SECTOR

The five educational childcare centres (CPE) of Rouyn-Noranda and the Commission scolaire de Rouyn-Noranda have implemented a project aimed at jointly selecting books related to transitioning to kindergarten. The books depict a range of emotions that children might feel about starting kindergarten. These books are then placed in both educational childcare centres and schools. In this way, when children visit the school before starting kindergarten, they will see the same books they saw in their educational childcare centre. The books are used as a basis for discussing children's expectations and fears and help make starting school a positive experience.

# MONTÉRÉGIE

# LA RIBAMBELLE

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE **SECTOR** 

**FAMILY COMMUNITY SERVICES SECTOR** 

**HEALTH AND SOCIAL SERVICES SECTOR** 

For over 10 years, the Commission scolaire des Patriotes' La Ribambelle program has developed a preventative service model to help children aged 4 to 8 adapt to school. Numerous resources for parents, professionals, and children have been developed and put into practice, and the program has created successful partnerships with the community services, early childhood, and health and social services sectors, yielding positive results. The service hinges primarily on systematic screening and early intervention. The program has three components that can start in educational childcare services, be expanded in kindergarten, and reinforced in grades 1 and 2. La Ribambelle includes training sessions, information capsules for parents, and an information sharing tool.

# LAVAL

# MY LITTLE ONE IN KINDERGARTEN

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE SECTOR

**FAMILY COMMUNITY SERVICES SECTOR** 

**HEALTH AND SOCIAL SERVICES SECTOR** 

OTHER ORGANIZATIONS

Marigot en forme, a group of some 20 community and institutional partners in Laval-des-Rapides and Pont-Viau, has developed the Mon coco au primaire project at eight elementary schools in an underprivileged Laval neighbourhood. The project consists of an event held every April in which future kindergarten students and their families are invited to visit the school, attend a presentation, meet local organizations, enjoy a buffet meal, and take in a show for kids. The event encourages participation from families in underprivileged areas and introduces the school as a welcoming and community-facing place. The initiative's goals are to raise parental awareness about their children's kindergarten entry and to give children a positive experience at the school before they start kindergarten.

# **CHAUDIÈRE-APPALACHES**

# **MEGA PARTY**

**EDUCATION SECTOR** 

EDUCATIONAL CHILDCARE **SECTOR** 

FAMILY COMMUNITY **SERVICES SECTOR** 

HEALTH AND SOCIAL SERVICES SECTOR

OTHER ORGANIZATIONS

A number of schools in the Commission scolaire des Navigateurs and in the Commission scolaire de la Côte-du-Sud hold a huge party so that children aged 3 to 5 and their parents can experience a positive initial contact with the school. The event, held in the spring prior to the back-toschool period, is a chance for children and parents to meet the schools' staff as well as practitioners from the community and health and social services sectors. The mega party helps to build ties and create partnerships in a fun, pleasant atmosphere.

# **MULTIPLE REGIONS**

# **COMMUNICATION TOOL FOR** TRANSMITTING INFORMATION ABOUT CHILD

**EDUCATION SECTOR** 

**EDUCATIONAL CHILDCARE SECTOR** 

**FAMILY COMMUNITY** SERVICES SECTOR

**HEALTH AND SOCIAL SERVICES SECTOR** 

Many local early childhood partner groups in Québec have developed a tool to convey information about a child's development. Using the communication tool, information about a child's development, their strengths and challenges, and successful strategies for working with them is assembled, usually in May of June, by an educator, home daycare manager, or significant service workers from the community or health and social services sector. With the parents' permission, this information is passed along to school staff with the goal of promoting continuity of educational services.



# CONCLUSION: ONE MOTHER'S WORDS



This text was written by a mother who was invited to sit on the working committee who supported the production of the original version of the guide.

IF I HAD TO SUMMARIZE THE GUIDE'S CONTENTS, I WOULD SAY "EVERYTHING DEPENDS ON THE BONDS THAT ARE CREATED" WITH THE SCHOOL. THE COMMUNITY, OR A PERSON OF TRUST. IN MOST CASES, THE DOORWAY TO CREATING THIS **BOND IS THE PARENT.** 

You meet all sorts of parents, from the hyperactive parent who has been preparing for this transition since the positive pregnancy test, to the reluctant parent who wants nothing to do with school until their child's first day, because their own memories of school are bad. Between these two poles, there are as many types of parents as there are children, which means there can't be a single way of doing things, and it can't all be done by a single sector.

So anyone involved with a parent whose child is transitioning to kindergarten can have an influence by helping them discover school with their child in a positive light and by adjusting to their needs.

INVOLVED WITH A PARENT WHOSE CHILD IS KINDERGARTEN **CAN HAVE AN** INFLUENCE.

"I was happy to go to school because I wanted to be like my cousins."

- Isaac, 10 years old

"I don't want to go to school. I just want to go to daycare, because l don't really know the school."

- Cédric, 3-and-a-half years old

"I liked it better at Passe-Partout because there were more toys than in kindergarten. On my first day of school, I was scared because there were a lot of people I didn't know."

- Maxence, 5 years old

"When I met my teachers and saw what kindergarten would be like, it was OK."

- Christophe, 8 years old



# **APPENDICES**

# **APPENDIX A:**

Sectors, institutions, and stakeholders that could be involved in the transition to kindergarten

SECTOR	INSTITUTION	STAKEHOLDER	
EDUCATION	<ul><li>School board</li><li>Elementary school</li><li>School childcare service</li></ul>	Directors general of school boards     Deputy directors general of school boards     Directors of educational services     Directors of complementary services     Pedagogical consultants     Elementary school principals     Kindergarten/preschool teachers     School childcare service managers	Complementary services workers (speech therapist, psychologist, psychologist, psycho-educator, social worker, specialized educator, social work technician, etc.) Support staff (secretary, monitor, janitor, childcare staff) Passe-Partout managers or facilitators Governing boards Parent Participation Organizations Etc.
EDUCATIONAL CHILDCARE SERVICES SECTOR	Educational childcare centre (CPE)     Home childcare centre     Home childcare coordinating office     Daycare centre	<ul> <li>Directors of coordination bureau</li> <li>Directors of CPE</li> <li>Board of directors</li> <li>Pedagogical support officers</li> </ul>	Educators     Home daycare managers     Etc.

SECTOR	INSTITUTION	STAKEHOLDER	
FAMILY COMMUNITY SERVICES SECTOR	<ul> <li>Family Services Centre</li> <li>Big Brothers Big Sisters</li> <li>Maison des Grands-Parents</li> <li>Etc.</li> </ul>	<ul><li>Directors</li><li>Service workers</li><li>Board of directors</li><li>User committees</li><li>Etc.</li></ul>	
HEALTH AND SOCIAL SERVICES SECTOR	• CIUSSS and CISSS	Youth program department (DPJE)     Public health department (DSPub)     Child protective services (DPJ)     General services department for family medicine group (GMF) and local intervention services     Directors of intellectual disability, autism spectrum disorder, and physical disability programs (DI, TSA, and DP)     Department heads     Clinical supervisors     Clinical specialists     Professional coordination assistants	<ul> <li>Executive assistants</li> <li>Doctors</li> <li>Nurses</li> <li>Dental hygienists</li> <li>Community organizers</li> <li>Speech therapists</li> <li>Educators</li> <li>Social services workers (social worker, psycho-educator, psychologist, etc.)</li> <li>Nutritionists</li> <li>Occupational therapists</li> <li>Physiotherapists</li> <li>User committees</li> <li>Etc.</li> </ul>
MUNICIPAL SECTOR	MRC     Municipalities     Municipal establishments (libraries, leisure departments and centres)	<ul><li>MRC general director</li><li>MRC staff</li><li>Mayor</li><li>Municipal councillors</li></ul>	<ul> <li>Municipal staff, including librarians, development agents</li> <li>Seniors or family policy committees</li> <li>Etc.</li> </ul>
BUSINESS SECTOR	• Businesses	<ul><li> Managers</li><li> Board of directors</li><li> Etc.</li></ul>	
OTHER SECTORS, STAKEHOLDERS, OR ORGANIZATIONS	Accommodation and housing with psychosocial service worker     Community Learning Center (CLC)     Literacy centre     Immigration organization     Popular education centre     Etc.	<ul><li>Directors</li><li>Service workers</li><li>Community officer</li><li>Etc.</li></ul>	

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# APPENDIX B: Analysis Chart

	PARAMETERS FOR	PARAMETERS FOR PAINTING A PORTRAIT OF ACTIVITIES AND THEIR DIVERSITY	OF ACTIVITIES AND	THEIR DIVERSITY	
ACTIVITIES	<b>4</b>	Ω	C	D	ш
NAME OF ACTIVITY					
NAME OF ORGANIZATION RESPONSIBLE					
ORGANIZATION PARTNERS					
A. KEY MOMENT					
Pre-registration (August to December)					
During registration (January to February)					
After registration (March to June)					
Around the time school starts (July to September)					
After school starts (October to November)					
B. SCOPE					
Familiarization with the premises					
Familiarization with how the school works					
Familiarization with the school's staff					
C. COOPERATION					
Carried out alone					
Carried out in partnership					
D. TARGET CLIENTELE					
Child					
Parent					
Stakeholder					
E. TIME					
Morning					
Afternoon					
Evening					
F. TYPE OF INITIATIVE					
Universal					
Targeted					

ACTIVITIES	А	В	င	٥	ш
G. STRUCTURE					
Individual/personalized					
Group					
H. INTENSITY					
Once					
Several times					
Many times					
I. CHILDREN REACHED					
Children in CPEs or daycares					
Children in home childcare centres					
Children who stay at home					
J. ABILITY TO REACH VULNERABLE FAMILIES	BLE FAMILIES				
None					
Somewhat					
Moderate					
High					
Unknown					
K. PROMOTIONAL VENUES					
School					
Educational childcare centres					
Public or community organization					
Community					
Municipality					
L. INCENTIVES TO PARTICIPATE					
Free of charge					
Transportation assistance					
Childcare services					
Partnership with stakeholders who have relationship of trust					

# **APPENDIX C:**

# Model Collaborative School Transition Plan



**DURING**REGISTRATION

AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

**JANUARY** 

**FEBRUARY** 

- → Organize and take part in committee meetings on school transition.
- → Take part in a joint teacher and educator training session on the transition to kindergarten.
- → Attend happy hours for teachers and educators.
- → Offer the Passe-Partout program with support from employers.
- → Raise awareness among other stakeholders of the importance of encouraging participation from more vulnerable families.
- → Present/promote various local school transition activities to parents.
- → Outside of class hours, conduct a parent-child workshop or activity in the school (classroom, library, or gymnasium).

- → Take advantage of the registration period to organize an activity in the school and invite service workers to accompany families on a school visit and meet staff.
- → Take a fieldtrip to the school gym during a planning day.
- → Guide parents in choosing activities that best meet their needs and those of their child.
- → Make use of a communication tool on school transition between education sector and early childhood sector.
- → Integrate a joint calendar of events related to the transition to kindergarten into information mailings (e.g., newsletter to parents, municipal tax bill).
- → Discuss school transition and related activities with families receiving services or at intervention groups.





**AROUND** THE TIME

**AFTER STARTS** 

MARCH

MAY

JUNE

**AUGUST** JULY **SEPTEMBER**  OCTOBER NOVEMBER

- → Have a teacher visit CPEs to meet the children.
- → Have CPEs visit the school and kindergarten classroom.
- → Organize a picnic in the schoolyard for local families and organizations.
- → Send a jointly produced information leaflet on the transition to kindergarten to parents.
- → Hold a "lunchbox day," when children can come and have lunch at the school cafeteria.
- → Hold three-way meetings to discuss the needs of children with special challenges.

- → Ensure that service workers organize and take part in personalized meetings with parents/children and teachers to help build a relationship of trust.
- → Organize activities or games in the schoolyard.
- → Hold town celebrations in schools or in the schoolyard.
- → Help create a summer day camp for children who will be starting school.

- → Ensure that service workers continue to support families and communicate with teachers to help children adapt to school.
- → Ensure that transition committees draw up an overview of activities and consultation.

# **APPENDIX D:**

Questions to support intersectoral cooperation and practices. [28]



# **SHARED VISION**

→ Do stakeholders have a shared vision of the transition to kindergarten (concept, importance, parameters shown to be effective, etc.)?



# **COMPOSITION**

- → Are any key stakeholders missing to foster intersectoral cooperation on the transition to kindergarten?
- → How can these stakeholders be encouraged to participate?



# **CLARIFICATION OF ROLES**

→ Does each stakeholder understand their own role and those of the others?



# **RECOGNITION OF EXPERTISE**

- → Is the specific expertise of each stakeholder known and acknowledged?
- → Do the parties share a complementary, egalitarian, and non-competitive vision?



# COMMUNICATION

- → Does the working climate contribute to successful cooperation?
  - Positive relationships
  - · Ability to express different points of view
  - · Discussions of divergences and seeking common ground
- → Are the methods of communication effective within organizations and across sectors?



# **SHARING OF RESPONSIBILITY**

- → Are responsibilities shared among the various stakeholders?
- → Is one person in each organization clearly identified to promote and follow up on cooperative actions?



# **RESOURCES**

→ Do financial, human, and material resources allow activities to be carried out (for both cooperative efforts and those within each organization)?



# **EVALUATION**

→ Does the organization conduct an evaluation (internal or external) of the activities in terms of both cooperation and the intersectoral school transition plan?

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